

ENTREES

Baked Ziti.....	\$6.25
Eggplant Parmigiana.....	7.50
Spinach Lasagna.....	7.50
Vegetable Cutlet (2 pcs.).....	7.50
Quiche.....	5.25

Above served with salad and pizza

Homemade Cheese Blintzes (2 pcs.) with sour cream.....	3.50
Macaroni & Cheese.....	4.95
Stuffed Baked Potato with Vegetables & Cheese.....	4.95
Tuna Melt Plate.....	5.95
Vegetable Stuffed Cabbage (2 pcs.) with tossed salad.....	7.00
Vegetable Meatballs w/Spaghetti.....	5.75
Veg. Chow Mein w/Rice.....	6.25

FISH

Fish & Chips.....	\$7.50
Fishcakes with Spicy Tomato Sauce (2 pcs.).....	7.50
Flounder Florentine.....	9.50
Salmon Fillet of the Day.....	9.50

Above served with Salad

PANINI SANDWICHES

Mozzarella, Tomato & Basil.....	\$7.25
Tuna Salad & Mozzarella Cheese.....	7.25
Portabella with 3 Cheeses.....	7.25
Vegetarian Burger w/Tomato, Onion & Cheese.....	7.25

SANDWICHES

Eggplant Hero.....	5.75
Tuna Salad.....	5.25
Vegetarian Liver.....	5.25
Fried Fish.....	5.25
Egg Salad.....	4.25
Vegetable Cutlet.....	5.00
Vegetable Burger.....	4.25

SALADS

	Side Order	1/2 Pint
Tuna Salad.....	\$4.25	\$4.75
Whitefish Salad.....	4.25	4.75
Vegetarian Liver.....	4.25	4.75
Egg Salad.....	3.25	3.75
Babaganoush.....	3.25	3.75
Fried Eggplant.....	3.25	3.75
Turkish Salad.....	3.25	3.75
Linguine w/Pine Nuts.....	3.25	3.75
Greek Salad.....	3.25	3.75
Broccoli w/Red Peppers.....	3.25	3.75
Marinated Mushrooms.....	3.25	3.75
Orzo w/Vegetables & Pine Nuts.....	3.25	3.75
String Bean Salad.....	3.25	3.75
Fettucini w/Sun-Dried Tom.....	3.25	3.75
Tomato & Artichoke Salad.....	3.25	3.75
Israeli Salad.....	2.75	3.25
Houmous.....	2.75	3.25
Tehina.....	2.75	3.25
Oriental Salad.....	2.75	3.25
Pasta Primavera.....	2.75	3.25
Spinach & Shells.....	2.75	3.25
Cole Slaw.....	2.75	3.25
Potato Salad.....	2.75	3.25
Health Salad.....	2.75	3.25
Cucumber Salad.....	2.75	3.25
Egg Barley & Mushrooms.....	2.75	3.25
Kasha Varnishkas.....	2.75	3.25

3 Salad Combo.....	6.00
<i>with Tuna.....</i>	<i>7.00</i>
<i>with 3 Falafel Balls.....</i>	<i>7.00</i>

DUE TO LIMITED SPACE NOT ALL
ITEMS AVAILABLE AT ALL TIMES.

ASK ABOUT OUR CATERING PLATTERS:

SMOKED FISH, CUBED CHEESES, FRUIT,
VEGETABLE CRUDITE, SALAD SECTIONS,
SLICED VEGETABLES, CREAM CHEESE
...AND MORE!

PIZZA

	Slice	Pie
Cheese.....	\$2.00	\$14.00
Mushrooms.....	2.75	18.00
Extra Cheese.....	3.00	20.00
White (Ricotta).....	3.00	20.00
Sicilian.....	3.00	20.00
Stuffed Crust.....	3.00	20.00
Peppers.....	2.75	18.00
Onions.....	2.75	18.00
Garlic.....	2.75	18.00
Broccoli.....	2.75	18.00
Zuchini.....	2.75	18.00
Tomato.....	2.75	18.00
Olive.....	2.75	18.00
Spinach.....	2.75	18.00
Eggplant.....	2.75	18.00
Falafel.....	2.75	18.00
Vegetable Special.....	4.00	27.00
2 Topping Pizza.....	3.50	23.50
3 Topping Pizza.....	4.00	27.00
Low Cholesterol Cheeseless Pizza with Crisp Vegetables & Tomato Sauce.....	4.00	27.00
Stuffed Pizza.....	4.00	27.00

CALZONES

Cheese.....	\$4.95
Broccoli.....	4.95
Spinach.....	4.95
Mushroom.....	4.95
Potato Onion.....	4.95
Tuna.....	5.95
Cheese Pretzel.....	4.95
Vegetable Roll - Cheeseless.....	4.95
Stromboli - Cheeseless.....	4.95

KNISHES

Potato, Kasha, Spinach	
Cherry, Blueberry, Chocolate.....	2.50

SOUPS

Small: \$3.50 Large \$7.00

TOFU ENTREES

Tofu Cheese Burger <i>Served with tomato & onion.....</i>	\$3.50
Tofu Cutlets (2 pcs.).....	5.00
Cutlet Parmigiana <i>Served with salad.....</i>	6.25
Veg. Hot Dog in Puff Pastry.....	2.50

FALAFEL

Whole.....	\$4.00
Half.....	2.75
Plate (4 falafel balls).....	5.25
Falafel Balls.....	.75 each

SIDE ORDERS

Cheese Fries.....	\$3.50
French Fries.....	2.50
Onion Rings.....	2.50
Egg Roll w. Duck Sauce.....	2.50
Potato Pancake <i>Served with applesauce or sour cream.....</i>	2.00

DESSERTS

Frozen Yogurt.....cone	\$2.25
.....cup	2.75
.....toppings	.50
Large Cookies.....	1.50
Danish or Brownie.....	1.50
Baklava.....	1.50

BEVERAGES

Coffee, Tea.....	\$1.25
Juice: Orange, Apple.....	1.75
Mitzli.....	1.50
Malt Beer.....	1.50
Can/Cup of Soda.....	1.25
Snapple.....	1.25
Spring Water.....	1.50
Milkshake.....	3.00